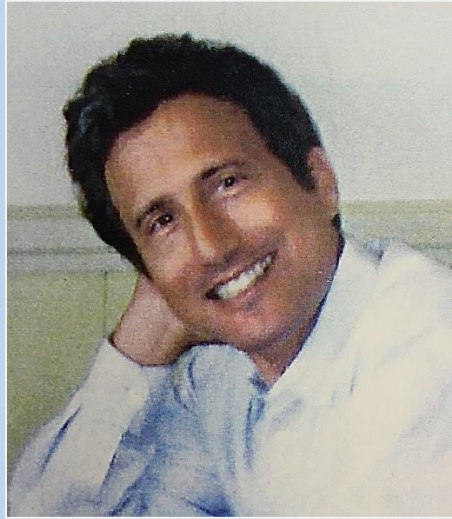


The Lee Weinstein Memorial Fund

2018 Annual Report



Introduction

The Lee Weinstein Memorial Fund was established in 2018 by Michael Berman in honor of his late partner Lee Weinstein at The Achievable Foundation (Achievable) - a nonprofit health center focusing on individuals with intellectual and developmental disabilities (I/DD). Lee worked for 32 years at the Westside Regional Center (WRC) in service of children and adults with I/DD. Lee served in several capacities at WRC ending his career there as the Director of Client Services. Helping those in need was the essence of who Lee Weinstein was, whether it was marching with Dr. Martin Luther King Jr. in Chicago for housing rights for the poor, working with individuals with mental health challenges at Camarillo State Hospital, or in his role at WRC, where Lee was a tireless champion for those that needed a voice.

About the Lee Weinstein Memorial Fund

The Lee Weinstein Memorial Fund was created in Lee's spirit - to help vulnerable patients at Achievable, both with I/DD and without, who need a champion to help them navigate complex health care and social services systems. At Achievable, this role falls on the Patient Care Coordinator whose job is to work with patients that require extra guidance and assistance above and beyond the needs of the average Achievable patient. Achievable's Patient Care Coordinator engages in many critical activities that help ensure patients get access to adequate care including, ensuring patients are getting to their appointments, following up on referrals to specialists, advocating for patients with their insurance companies, and arranging ancillary services such as transportation.

Snapshot of Patients Assisted in 2018 Through the Lee Weinstein Memorial Fund

Access to Prenatal and Postnatal Care

One of the responsibilities of Achievable's Patient Care Coordinator is to help ensure that pregnant patients receive appropriate pre- and postnatal care. For some women pregnancy can be an overwhelming experience and, although proper pre- and postnatal care is vital to the health of both mother and baby, oftentimes getting this critical care can be a challenge. In 2018, Achievable's Patient Care Coordinator worked with approximately two dozen particularly high risk patients to ensure they received necessary care both during and after their pregnancy. This included following up with pregnant patients during their first trimester to make sure they had seen their obstetrician and were receiving proper prenatal services, and again just after their baby was born. If a patient was not getting to their appointments or missing some element of their care, our Patient Care Coordinator helped to identify barriers preventing those patients from getting to the care they need and helped facilitate solutions.



Assistance to Psychiatry Patients

Patients with psychiatric conditions are particularly fragile, but can thrive when they receive the proper treatment. These patients often struggle with self-care, keeping appointments and other aspects of their care plan, so care coordination is critical to ensuring that these patients receive the care they need. In 2018 Achievable's Patient Care Coordinator worked with 74 patients who were receiving psychiatry services to help them with their health care needs. Our Patient Care Coordinator checked to see if these patients were seeing their doctor at regular intervals and reached out to those that weren't to ensure these appointments were made. For patients that were struggling to keep their appointment, our Patient Care Coordinator helped address barriers to ensure these patients were seeing their doctor. Lastly, our Patient Care Coordinator helped connect our psychiatrist to other specialists she needed to speak with in regards to patients under her care.



Referral Management

For some patients who are managing a disability or serious medical condition, keeping appointments or following through with their doctor's prescribed care plan can be incredibly difficult. One of the most important aspects of any care plan is to ensure that patients who are referred for specialty care by their primary doctor actually receive this care once they are referred. Achievable's Patient Care Coordinator played a crucial role in helping patients with I/DD or serious medical conditions, like cancer, manage all aspects of their care plan. For these individuals our Patient Care Coordinator helped ensure they had a seamless experience with access to their specialist by helping to arrange transportation, scheduling appointments, ensuring clinical information was received by the specialist, and making certain that test results made it back to Achievable so that our doctors could decide on next steps. Achievable's Patient Care Coordinator assisted over 200 patients with the referral process in 2018.

Hospital Discharge

Every day Achievable's Patient Care Coordinator checks multiple health care systems tied to hospital admission and discharge to see if any Achievable patients have been admitted to local hospitals for an illness or injury. For those who had been admitted, the Patient Care Coordinator checked on the patient's progress and upon discharge, followed up with the patient to ensure a follow up appointment with their Achievable doctor had been made.

In Their Voice - Testimonial

Lisa Lundi

Lisa Lundi fosters medically vulnerable children, the types of children that no one else will foster. She started down this path in 2003 when she learned that a family member's nine children were about to be without a parent. She took the oldest two because she knew they'd be the most difficult to place. She began fostering her now four year old son, Cameron, in 2016. Cameron has chronic lung disease, hearing loss and was born premature. He also has kidney issues and vision loss, and is likely on the autism spectrum. In 2017 she began fostering Cameron's brother, Logan. He was born premature and at such a low birth weight he was required to stay in the hospital for several extra months. That same year Rene came into Lisa's life through a social worker who knew no one else would foster her. Rene has an attachment disorder and mild intellectual disability.



When Lisa first brought Cameron to see Achievable's pediatrician, Dr. Lauren Wu, Lisa did not yet know about most of Cameron's diagnoses. However, Dr. Wu suspected a variety of previously missed issues based on behaviors he was displaying, and ordered several tests and evaluations including a neurological evaluation to check for autism and other behavioral delays. She also referred Cameron to an audiologist and iridologist. Dr. Wu's suspicions were right in each case. "I cannot provide the loving home that these children need without a team in place to support me. That team is at the Achievable Health Center," says Lisa, "and a very important member of that team is Achievable's Patient Care Coordinator." When Dr. Wu orders a referral for Lisa's children, Achievable's Patient Care Coordinator makes it happen. She ensures the referral is received by the specialist, that the appointment is made, and that the test results make it back to Dr. Wu. "When Dr. Wu wants one of my children tested for fetal alcohol syndrome, Achievable's Patient Care Coordinator makes sure it gets done. She helps cut through the red tape and hurdles that can be difficult to navigate, especially when I'm trying to deal with the needs of my children" says Lisa.

"My voice can only be heard so loudly on my own, however when the doctors and staff at Achievable speak with me, especially the patient care coordinator, then I'm heard."



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