

From the CEO's Desk: Carmen Ibarra



As Achievable continues to grow in the number of patients we serve, staff we employ and in our overall footprint in the community, our Board of Directors must also grow and diversify. Achievable's Board works tirelessly to ensure our organization performs at the highest level. I wanted to take a moment to introduce two of our newest board members who are also patients themselves. We hope that by having consumers on the Board, Achievable will continue to make decisions that represent the best interest of our entire community.

Yolanda Caldwell

Yolanda Caldwell is a native Angelino. The youngest of 6 siblings, Yolanda's parents had 2 kids every 10 years for 30 years! After graduating from elementary school in Leimert Park, Yolanda's parents moved to Beverly Hills so they could expand their family real estate business. Yolanda is now a real estate broker, making her the third generation in her family to go into the business.



Yolanda and her daughter have been patients of The Achievable Foundation for the past three years and have been extremely impressed with the level of service they have received. Being a parent of a child with special needs and advocate for the past 23 years, Yolanda is already an asset to the Board. She hopes to increase awareness about Achievable and raise funds for our vital health services. When she is not advocating for her daughter, Yolanda is helping other parents fight for their kids.



Penny Rodriguez

Although born and raised in Texas, Penny Rodriguez is a Californian through and through. She owns and operates a small hair salon that her husband built for her from scratch and is a caregiver for her adopted in-laws. Penny and her husband have five wonderful adult children and an adorable granddaughter. In her own words, "I have had the privilege of being surrounded by people who face great challenges with tenacity and grace my entire life."

Penny joined the Achievable Foundation Board in the hopes of sharing the knowledge she has acquired through her lifelong relationship with her sister. Penny's sister was diagnosed as deaf during infancy, developed deformities in early childhood, and later schizophrenia in early adulthood. However, her sister continues to have a profoundly positive impact on Penny, teaching Penny about what is important and sweet in life.

Penny hopes to find opportunities on the Board to work on communications and problem solving issues. She enjoys tasks that require high energy and engagement with others.

Welcome to both – Achievable is lucky to have added such dynamic individuals to its Board!

Update from Achievable: Award Winner!



The Achievable Foundation was recently awarded the Association for Community Affiliated Plan's (ACAP) 2017 Supporting the Safety Net Award.

ACAP is a national association of health insurance companies that provide health coverage to more than 20 million people through Medicaid, Medicare, ACA Marketplaces and other public health coverage programs. The Supporting the Safety Net Award was created to recognize a community-based organization or individual that has implemented exemplary, inventive programs to meet the health needs of high-risk populations, and that can serve as a model of best practices for other communities. This year's 12th annual award took into account the positive and measurable impact Achievable has made for its patients in a brief period of time:

- 7 in 10 pediatric patients at Achievable received all recommended immunizations last year – more than double the rate over the previous year.
- Recommended screenings for colorectal cancer increased 10% between 2015 and 2016 for our patients.
- More than 85 percent of Achievable patients surveyed who received mental health services said their quality of life improved.

Most importantly, Achievable has created a model that provides high quality, integrated care to vulnerable individuals of all abilities in an inclusive environment. Our thanks goes to L.A. Care Health Plan for the nomination. For more about the Supporting the Safety Net Award visit www.communityplans.net.

Update from Achievable: Award Winner Again!

The Achievable Foundation was once again an award recipient for its tireless efforts to provide high quality health care to individuals with intellectual and developmental disabilities. This time it was the County of Los Angeles that recognized Achievable's ground breaking work.

On Monday, October 15, Achievable was recognized at the 26th Annual Access Awards, presented by the Los Angeles County Commission on Disabilities and the Los Angeles County Board of Supervisors.

The Commission on Disabilities advises the County Board of Supervisors on a range of issues that impact the lives of individuals with disabilities, and proposes actions the Board can take to address these issues in order for people with disabilities to have equal access to programs and services in the County. The Commission focuses on health, employment, transportation, access and recreation issues.

Achievable was nominated for an Access Award by Supervisor Mark Ridley-Thomas, representing the 2nd Supervisorial District, which includes The Achievable Health Center. Mr. Ridley-Thomas' Deputy Dhakshike Wickrema presented the award to Achievable, recounting our early history as an emergency support organization and later pivot to health care.



“Achievable is attempting to disrupt the health care system in order to improve the way care is delivered to individuals with intellectual and developmental disabilities,” explained CEO Carmen Ibarra in her acceptance speech.

Inside the Inaugural Achiever's Gala

On Thursday, September 7, Achievable hosted its inaugural Achiever's Gala and recognized two titans in the fields of health care and services for individuals with intellectual and developmental disabilities.

Our two honorees were:

- John Baackes, CEO of L.A. Care Health Plan, an independent local public agency created by the State of California to provide health coverage to low-income LA County residents. The award recognizes L.A. Care Health Plan's strides in providing access to patient-centered, quality health care for LA County's vulnerable and low-income communities, and for supporting the safety net required to do so. Each day, L.A. Care strives to improve the conditions of daily life that impact the health of its members and their communities, with the goal of every Angeleno gaining access to the care they need, where they need it, when they need it.



- Dr. Pam Wiley-Hubbard, CEO of the LA Speech and Language Therapy Center, a leader since 1979 in providing comprehensive speech and language-based treatment and services to individuals with cognitive, social and communication deficits.

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THANK YOU to the Supporters Who Make a Difference

Weingart Foundation	\$125,000	Lekavich Dental Company	\$3,000
Baxter Foundation	\$75,000	Ben Davidson	\$3,000
John Gogian Family Foundation	\$42,500	Teddy Tanenbaum & Danise Lehrer	\$2,750
Ralph M. Parsons Foundation	\$40,000	Paolo Calle	\$2,600
Providence St. John's	\$26,000	Anthem Blue Cross	\$2,500
L.A. Care Health Plan	\$20,000	Ted Levine Drum Company	\$2,500
Olivia Harrison and Linda Arias	\$7,500	Mike and Diann Danneker	\$2,500
Chuck and Diane Hill	\$6,300	Carmine Manicone	\$2,300
Kent and Pat Graham	\$5,000	Julian and Carolyn Elliot	\$2,000
Dr. Pam Wiley	\$5,000	Lou and Melinda Spitz	\$2,000
Los Angeles Speech and Language Therapy Center	\$5,000	Princess Cruises	\$1,500
MedPoint Management	\$5,000	Care1st Health Plan	\$1,500
SoCalGas	\$5,000	WINDES Accountants	\$1,500
City National Bank	\$3,500	Maxwell Sinclair	\$1,000
Bob and Mary Jane Steiner	\$3,050	David Gervasi	\$1,000



The Achievable Foundation's mission is to provide high quality, integrated health care to individuals with intellectual and developmental disabilities, their families, and other vulnerable populations.

5901 Green Valley Circle, Suite 405
Culver City, CA 90230-6953

Achievable is hiring medical providers!!
If you are interested in being part of a team innovating a new model of care for vulnerable populations, especially individuals with developmental disabilities, go to our website to apply:
<https://achievable.org/contact-us/join-our-team/>

Inside the Inaugural Achiever's Gala *continued*



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- The center has a special place in the community it serves, offering culturally relevant services in English, Spanish, Japanese, Hmong, Farsi, Tamil and Sign Language. Achievable applauds its range of invaluable services, including early intervention services, social skills and employment training, summer camps, a specialized language-based preschool program for children with autism spectrum disorder, and parent advocacy training.

More than 170 people were in attendance at the Marriott in Marina Del Rey. Achievable was honored to have Los Angeles County Supervisor Mark-Ridley Thomas on hand to present the "Achievers" award to Mr. Baackes, as well as General Manager of the Los Angeles City EWDD and former City Councilwoman Jan Perry to present the award to Dr. Wiley-Hubbard.

Friends of Achievable

Do you want to help Achievable in its mission to serve individuals with developmental disabilities and underserved populations? Do you have experience with marketing, community and government relations, event planning and / or fundraising? We are currently forming the "Friends of Achievable" Advisory Council to assist our staff in these areas. For more information, contact Josh Kruskol at jkruskol@achievable.org or 424-266-7483.